

Healthy Families Illinois

Your Home Visitor:

- Listens
- Provides encouragement
- Helps with day-to-day problem solving
- Celebrates the gift of parenting and the uniqueness of your baby
- Meets with you regularly based on your needs
- Introduces you to fun and exciting activities to promote child development



www.healthyfamiliesamerica.org

For more information on
Healthy Families Illinois
Macon County, please contact us at:
(217) 423-6988 ext: 1306
OR
www.maconcountyhealth.org.



Public Health
Prevent. Promote. Protect.
Macon County
Health Department

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Healthy Families Illinois Macon County



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Healthy Families Illinois — Macon County

What is Healthy Families?

- Healthy Families is a national initiative to establish a voluntary home visitor system for all new parents that are over-burdened and need added support to help their children get off to a healthy start. Healthy Families promotes positive parenting skills and child health and development.



What Are the Benefits?

- The bond between parent and child will be strengthened
- Tips to soothe your crying baby
- “Baby-proofing” your home
- The family will have access to immunization information
- The family will receive health education and nutrition information
- Information and referral between public health, food, mental health, and transportation
- Preventive healthcare assistance
- Advocacy with service providers such as public health, local hospitals, WIC, DHS, continuing education and housing
- Budget planning
- Crisis services
- Monthly parent support groups

Who is Eligible for Services?

- WIC-eligible, first-time pregnant females
- Twenty five years of age or younger
- Parents that need additional support
- Parents referred by community-based organizations
- Participants who are new parents with a child 0-2 weeks
- A resident of Macon County
- There is no fee to participate

