FOR IMMEDIATE RELEASE

July 20, 2020

Crisis Communication Team Press Update

As of today's release, the Joint Crisis Communication Team (CCT) reports the following numbers:
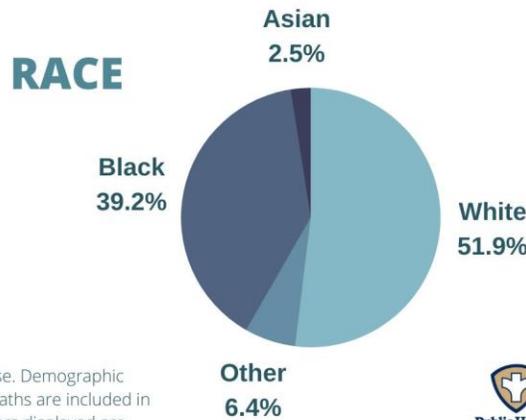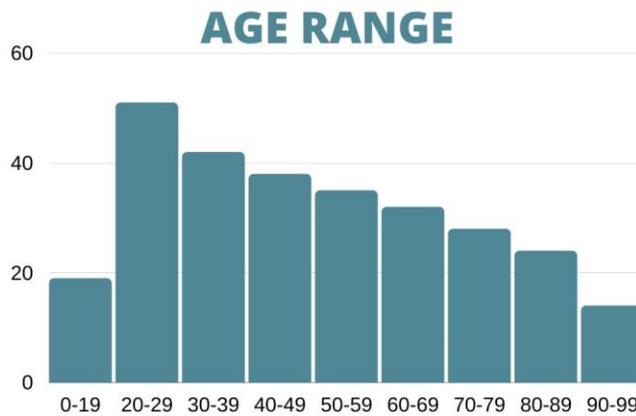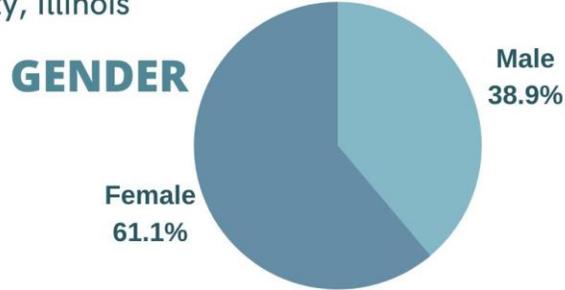
COVID-19 Macon County, Illinois
Updated 7/20/2020

Confirmed Cases
283

Released from Isolation
220

Home Isolation
33

Hospitalized
7

Deaths
23

GENDER
Male 38.9%
Female 61.1%

AGE RANGE
(bar chart: 0-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-89, 90-99)

RACE
Asian 2.5%
Black 39.2%
White 51.9%
Other 6.4%

All numbers reflect status at time of release. Demographic information reflects confirmed cases only. Deaths are included in the number of confirmed cases. All numbers displayed are provisional and are subject to change.

Thus far, 12,052 tests have been performed in Macon County. Since Friday's release, we have had 16 newly-confirmed cases of COVID-19. Therefore, our overall number is 283 confirmed COVID-19 cases in Macon County.

We encourage all community members to implement social distancing and face covering best practices to limit the spread of COVID-19. <u>People with COVID-19 have reported a wide range of symptoms</u>. If you experience symptoms of COVID-19 with which you are concerned, please call your primary care physician first. Do not show up at a hospital emergency room or doctor's office unless it is a true emergency.

Individuals without a primary care physician can call:

- DMH Medical Group: (217) 876-2856
- HSHS Medical Group Patient Advocate: 844-520-8897
- Crossing Healthcare: (217) 877-9117
- SIU: (217) 872-3800

For COVID-19 screening, please call one of the following:

- Crossing Healthcare: (217) 877-9117
- HSHS St. Mary's Hospital 24/7 COVID-19 Hotline: (217) 464-2966
- HSHS Medical Group offers free virtual assessments for COVID-19 at www.anytimecare.com.

<u>Anyone entering healthcare facilities should be prepared to be screened before entering.</u>

PSA: Ten Things You Can Do to Manage Your COVID-19 Symptoms at Home

If you have possible or confirmed COVID-19:

1. Stay home from work and school. And stay away from other public places. If you must go out, avoid using any kind of public transportation, ridesharing, or taxis.
2. Monitor your symptoms carefully. If your symptoms get worse, call your healthcare provider immediately.
3. Get rest and stay hydrated.
4. If you have a medical appointment, call the healthcare provider ahead of time and tell them you have or may have COVID-19.
5. For medical emergencies, call 911 and notify dispatch personnel that you have or may have COVID-19.
6. Cover your coughs and sneezes.
7. Wash your hands often with soap and water for at least 20 seconds or clean your hands with an alcohol- based hand sanitizer that contains at least 60% alcohol.
8. As much as possible, stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available. If you need to be around other people in or outside of the home, wear a cloth face covering.
9. Avoid sharing personal items with other people in your household, like dishes, towels, and bedding.
10. Clean all surfaces that are touched often, like counters, tabletops, and doorknobs. Use household cleaning sprays or wipes according to the label instructions.

To find the PDF version of this information, visit the CDC's website.

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