



## FOR IMMEDIATE RELEASE

July 21, 2020

### Crisis Communication Team Press Update

As of today's release, the Joint Crisis Communication Team (CCT) reports the following numbers:

#### COVID-19 Macon County, Illinois

Updated 7/21/2020

Confirmed Cases

**286**

Released from Isolation

**220**

Home Isolation

**36**

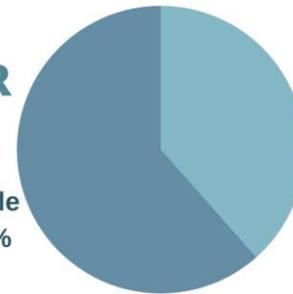
Hospitalized

**7**

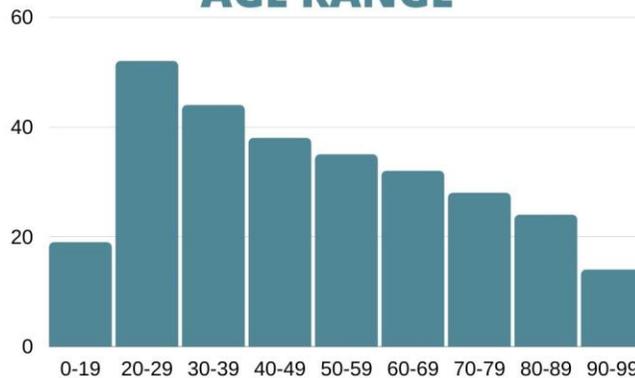
Deaths

**23**

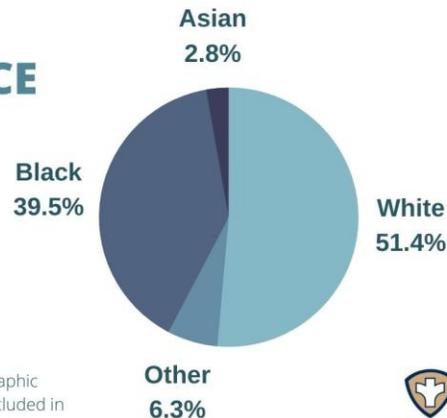
#### GENDER



#### AGE RANGE



#### RACE



All numbers reflect status at time of release. Demographic information reflects confirmed cases only. Deaths are included in the number of confirmed cases. All numbers displayed are provisional and are subject to change.



Since the previous release, we have had three newly-confirmed cases of COVID-19. Therefore, our overall number is 286 confirmed COVID-19 cases in Macon County.

We encourage all community members to implement social distancing and face covering best practices to limit the spread of COVID-19. People with COVID-19 have reported a wide range of symptoms. If you experience symptoms of COVID-19 with which you are concerned, please call your primary care physician first. Do not show up at a hospital emergency room or doctor's office unless it is a true emergency.

Individuals without a primary care physician can call:

- DMH Medical Group: (217) 876-2856
- HSHS Medical Group Patient Advocate: 844-520-8897
- Crossing Healthcare: (217) 877-9117
- SIU: (217) 872-3800

For COVID-19 screening, please call one of the following:

- Crossing Healthcare: (217) 877-9117
- HSHS St. Mary's Hospital 24/7 COVID-19 Hotline: (217) 464-2966
- HSHS Medical Group offers free virtual assessments for COVID-19 at [www.anytimecare.com](http://www.anytimecare.com).

Anyone entering healthcare facilities should be prepared to be screened before entering.

### **PSA: Signs and Symptoms of a Heart Attack**

A person's chances of surviving a heart attack increase if he/she gets emergency treatment as soon as possible. It's important to recognize the signs and symptoms of a heart attack and act quickly. If you think that you or someone else is having a heart attack, call 9-1-1 immediately.

Take a few minutes to learn the major signs and symptoms of a heart attack:

- Chest pain or discomfort. Most heart attacks involve discomfort in the center or left side of the chest that lasts for more than a few minutes or that goes away and comes back. The discomfort can feel like uncomfortable pressure, squeezing, fullness, or pain.
- Feeling weak, light-headed, or faint. You may also break out into a cold sweat.
- Pain or discomfort in the jaw, neck, or back.
- Pain or discomfort in one or both arms or shoulders.
- Shortness of breath. This often comes along with chest discomfort, but shortness of breath also can happen before chest discomfort.

Other symptoms of a heart attack could include unusual or unexplained tiredness and nausea or vomiting. Women are more likely to experience these other symptoms.

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**For more information, please contact:**

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