



FOR IMMEDIATE RELEASE

July 7, 2020

Crisis Communication Team Press Update

Macon County is still following the Phase 4 guidelines included in the Restore Illinois Plan. The ruling in Clay County only applies to the 4th Circuit. Therefore, that ruling does not apply in Macon County and all guidance is still expected to be followed. As a reminder, this guidance has been issued to promote the health, well-being, and safety of all community members. By following the guidance, businesses and residents are making a commitment and taking a preventive action to limit the spread of illness. All residents should follow public health recommendations including, but limited to: social distancing, wearing a mask in public, especially when social distancing is not possible; washing hands frequently and adequately; and staying home if they are sick. For more information about the Restore Illinois Guidance, please visit <https://dceocovid19resources.com/restore-illinois/restore-illinois-phase-4>

As of today's release, the Joint Crisis Communication Team (CCT) reports the following numbers:

COVID-19 Macon County, Illinois

Updated 7/7/2020

Confirmed
Cases

238

Released
from
Isolation

196

Home
Isolation

18

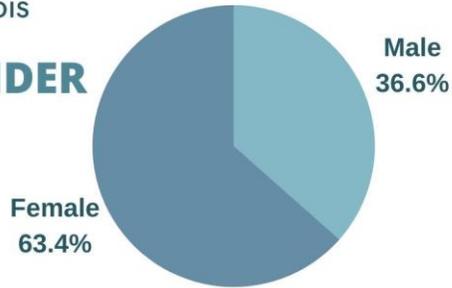
Hospitalized

1

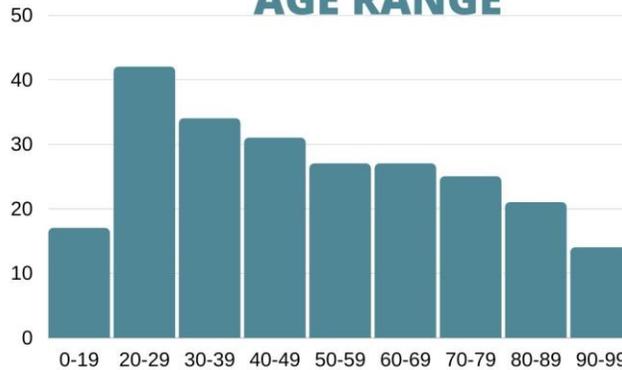
Deaths

23

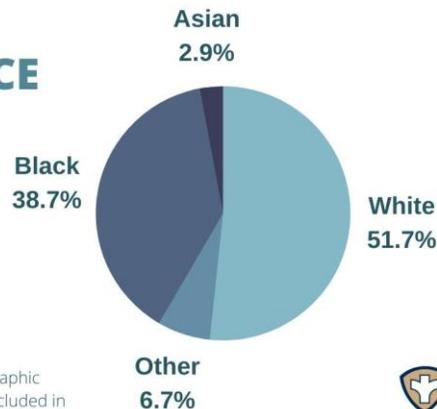
GENDER



AGE RANGE



RACE



All numbers reflect status at time of release. Demographic information reflects confirmed cases only. Deaths are included in the number of confirmed cases. All numbers displayed are provisional and are subject to change.



Since the previous release, we have had two newly-confirmed cases of COVID-19. Therefore, our overall number is 238 confirmed COVID-19 cases in Macon County.

We encourage all community members to implement social distancing and face covering best practices to limit the spread of COVID-19. People with COVID-19 have reported a wide range of symptoms. If you experience symptoms of COVID-19 with which you are concerned, please call your primary care physician first. Do not show up at a hospital emergency room or doctor's office unless it is a true emergency.

Individuals without a primary care physician can call:

- DMH Medical Group: (217) 876-2856
- HSHS Medical Group Patient Advocate: 844-520-8897
- Crossing Healthcare: (217) 877-9117
- SIU: (217) 872-3800

For COVID-19 screening, please call one of the following:

- Crossing Healthcare: (217) 877-9117
- HSHS St. Mary's Hospital 24/7 COVID-19 Hotline: (217) 464-2966
- HSHS Medical Group offers free virtual assessments for COVID-19 at www.anytimecare.com.

Anyone entering healthcare facilities should be prepared to be screened before entering.

PSA: Reduce Your Risk for Skin Cancer

Protecting yourself and your family from ultraviolet (UV) radiation is important all year, not just in the summer months. UV rays from the sun can reach you on a cloudy day, not just on sunny days. UV rays also reflect off of surfaces like water, cement, sand, and snow. Indoor tanning exposes users to UV radiation.

The hours between 9 a.m. to 3 p.m. standard time are the most hazardous for UV exposure outdoors in the continental United States.

CDC recommends easy options for protection from UV radiation:

- Stay in the shade, especially during midday hours.
- Wear clothing that covers your arms and legs.
- Wear a hat with a wide brim to shade your face, ears, head, and neck.
- Wear sunglasses that wrap around and block both UVA and UVB rays.
- Use sunscreen with a sun protection factor (SPF) of 15 or higher, and both UVA and UVB (broad spectrum) protection.
- Avoid indoor tanning.

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For more information, please contact:

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